

## **INFORMED CONSENT FOR IN-PERSON SERVICES DURING THE COVID-19 PUBLIC HEALTH CRISIS**

This document contains important information about our decision (yours and mine) to begin/resume in-person services considering the COVID-19 public health crisis. Our decision is based in part on recommendations by the Center for Disease Control (CDC), but other factors may be considered. Some of these include but are not limited to whether we and our families have been vaccinated, our health or the health of those we are in close contact with, and risk of exposure outside of this setting. There may be other concerns that we can talk about.

Please read this carefully and let me know if you have any questions. When you sign this document, it will be an official agreement between us.

### **Decision to Meet Face-to-Face**

We have agreed to meet in person for some or all future sessions. If there is a resurgence of the pandemic or if other health concerns arise, however, I may require that we meet via telehealth. If you have concerns about meeting through telehealth, we will talk about it first and try to address any issues. You understand that, if I believe it is necessary, I may determine that we return to telehealth for everyone's well-being.

If you decide at any time that you would feel safer staying with, or returning to, telehealth services, I will respect that decision, long as it is feasible and clinically appropriate. Reimbursement for telehealth services is also determined by the insurance companies and applicable law, so we'll discuss any financial implications if needed.

### **Risks of Opting for In-Person Services**

You understand that by coming to the office, you are assuming the risk of exposure to the coronavirus (or other public health risk). This risk may increase if you travel by public transportation, cab, or ridesharing service.

### **Your Responsibility to Minimize Your Exposure**

To obtain services in person, you agree to take certain precautions which will help keep everyone (you, me, and our families, [my other staff] and other patients) safer from exposure, sickness and possible death. This extends beyond Covid-19 and includes any and all communicable disease or illness. If you do not adhere to these safeguards, it may result in our starting / returning to a telehealth arrangement. Signing this document will confirm your understanding and agreement to each of the following:

- You will inform me if you have been vaccinated for Covid-19. If you haven't, we'll talk about the reasons and whether it's possible to meet safely in person.
- You will only keep your in-person appointment if you are symptom free from any and all communicable disease or illness.
- You will only keep your in-person appointment if you are fever free for a minimum of 10 days prior to our appointment.
- You will utilize tele-health for your appointment if you have been in contact with someone who has tested positive for Covid within the last 14 days.
- You will take your temperature before coming to each appointment. If it is elevated (100 Fahrenheit or more), or if you have other symptoms of illness or any virus, you agree to cancel

the appointment or proceed using telehealth. If you wish to cancel for this reason, normal cancellation fee of \$75 applies if notice is not provided at least 24 hours prior to session.

- You will wait in your car or outside [or in a designated safer waiting area] until no earlier than 5 minutes before our appointment time.
- You will wash your hands or use alcohol-based hand sanitizer when you enter the building.
- You will adhere to the safe distancing precautions we have set up in the waiting room and testing/therapy room. For example, you won't move chairs or sit where we have signs asking you not to sit.
- You will keep a distance of 6 feet and there will be no physical contact (e.g., no shaking hands) with me [or staff]. Masks are not mandatory during session unless client desires to wear one.
- You will try not to touch your face or eyes with your hands. If you do, you will immediately wash or sanitize your hands.
- You will take steps between appointments to minimize your exposure to COVID.
- If you have a job that exposes you to other people who are infected, you will immediately let me [and my staff] know. If exposure is minimal a mask may be required at session.
- If your commute or other responsibilities or activities put you in close contact with others (beyond your family), you will let me [and my staff] know. A mask may be required at session.
- If a resident of your home tests positive for the Covid-19 infection or has any other communicable disease or illness, you will immediately let me [and my staff] know and we will then [begin] resume treatment via telehealth.

I may change the above precautions if additional local, state or federal orders or guidelines are published. If that happens, we will talk about any necessary changes.

### **My Commitment to Minimize Exposure**

My practice has taken steps to reduce the risk of spreading the coronavirus within the office and we have posted our efforts on our website and in the office. Please let me know if you have questions about these efforts.

### **If You or I Are Sick**

You understand that I am committed to keeping you, me, [my staff] and our families safe from the spread of this virus as well as other communicable diseases. If you show up for an appointment and I [or my office staff] believe that you have a fever or other symptoms, or believe you have been exposed, I will have to require you to leave the office immediately. We can follow up with services by telehealth as appropriate. All policies regarding late cancellations or no-show fees will apply.

If I [or my staff] test positive for the coronavirus, I will notify you so that you can take appropriate precautions.

### **Your Confidentiality in the Case of Infection**

If you have tested positive for the coronavirus, I may be required to notify local health authorities that you have been in the office. If I am required by any authority to report this, I will only provide the minimum information necessary for their data collection and will not go into any details about the reason(s) for our visits. By signing this form, you are agreeing that I may do so without an additional signed release.

### **Informed Consent**

This agreement supplements the general informed consent/business agreement that we agreed to at the start of our work together.

Your signature below shows that you agree to these terms and conditions.

[Below is a sample notice to post in the office / on your website. Customize for your practice.]

### **Office Safety Precautions in Effect During the Pandemic**

My office is taking the following precautions to protect our patients and help slow the spread of the coronavirus.

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- Office seating in the waiting room and in therapy/testing rooms has been arranged for appropriate physical distancing.
- Masks are not mandatory but may be required to wear one if you have traveled outside of state or have been in close contact with infected.
- My staff maintains safe distancing.
- Restroom soap dispensers are maintained, and everyone is encouraged to wash their hands.
- Hand sanitizer that contains at least 60% alcohol is available in the therapy rooms.
- We schedule appointments at specific intervals to minimize the number of people in the waiting room.
- We ask all clients to wait in their cars or outside until no earlier than 5 minutes before their appointment times.
- We ask clients to cooperate with ending appointments on time to ensure proper distancing and any sanitation efforts we need to take between sessions.
- Physical contact is not permitted.
- Tissues and trash bins are easily accessed. Trash is disposed of on a frequent basis.
- Common areas are thoroughly disinfected on a frequent basis.