

Gray Matters Counseling & Wellness

Informed Consent for In-Person Services

We have agreed to meet in-person for some or all of our sessions. If you or your therapist are showing symptoms of any communicable disease, but are still well enough to hold the session, we require that the session be held via telehealth to prevent the spread of disease. Please contact the office at 603.260.1101. You may leave a message requesting that your upcoming session be changed to telehealth. We will change the format and send you a secure link. If you are not able to give advanced notice, your therapist will always call you within the first 5 minutes of the start of the session if you do not arrive. You can simply inform your therapist at that time that you are feeling ill and need to change the format. If your therapist is experiencing symptoms but plans to hold the session, you will receive a call from our office to inform you of the change in format and you will receive a secure link for the session.

If You Arrive Visibly Sick

We are committed to preventing the spread of communicable diseases. If you arrive for an appointment and are showing visible symptoms, you may be asked to leave the office and hold the session via telehealth from your vehicle or another safe location. All policies regarding late cancellations or no-show fees will apply.

Our Commitment to Minimize Exposure

We take steps to reduce the risk of spreading communicable disease within the office such as providing a sink for hand washing upon entering the building, cleaning door handles, etc. and creating space for safe distancing in common areas.

